
PROVIDER ALERT

Alert#: PA 2010-09
Issued: April 2010
TO: CT BHP Adult Inpatient Psychiatric Providers
SUBJECT: CT BHP Adult Inpatient Bypass Program

Dear Provider,

The CT BHP is pleased to announce that we have completed the annual evaluation of the Adult Bypass Program which has resulted in several key changes to the parameters of the program. The benefits of a Bypass Program are that they provide administrative relief to our inpatient providers by authorizing care for longer periods of time, thus decreasing the number of concurrent reviews required for a stay. In particular we have added a 30 day readmission metric to the program and adjusted the identified standard deviation for ALOS. The following describes an abridged listing of criteria and methodology being proposed for this program.

New Eligibility measures for the Bypass Program for adult inpatient psychiatric services would be based upon:

- Demonstrated willingness and ability to work with the CT BHP to manage programmatic length of stay;
- An average length of stay (ALOS) that is no greater than the annually determined number of standard deviations from the statewide average;
- Treatment of an annually determined minimum volume of members during the previous calendar year;
- Verification that the provider has no current quality improvement or corrective action plans related to quality of care involving the targeted Adult inpatient unit/s.
- A 30 day readmission rate that falls below the annually determined rate.
- Agreement to provide discharge data to CT BHP for the purpose of follow up.

Proposed eligibility criteria and length of initial authorization for participants in 2010 program:

All decisions regarding participation in the Adult inpatient psychiatric services Bypass Program will be based upon authorization data for calendar year 2009 (Q1 '09 through Q4 '09). Programs with:

1. An ALOS that falls within 0.25 Standard Deviations (SD) of the state-wide ALOS and
2. Treated a minimum of 20 members during calendar year 2009, and
3. No current quality improvement or corrective action plan related to quality of care associated with the targeted Adult inpatient units treating CT BHP members.
4. A 30 day readmission rate that stays below the established measure, and
5. Agreement from facility to call CT BHP with discharge information will be required.

Adult inpatient programs that meet these qualifications would receive a 6 day initial authorization for psychiatric admissions for the adult population.

Adult inpatient facilities will be outreached directly by the CT BHP in the coming week and will be given additional information and a complete listing of the criteria and determination of participation for this Bypass program.

Sincerely,

Provider Relations
Connecticut Behavioral Health Partnership