

## PROVIDER ALERT

**Alert #:** PA 2014-04  
**Issued:** May 22, 2014  
**To:** All CT BHP Providers, DCF, Probation, Parole Staff  
**Subject:** DSM-V Conversion and Timeline

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Dear Provider,

On January 1, 2014, Value Options integrated the DSM-V framework in the Connect systems in compliance with the American Psychiatric Associations' (APA) recommended timeline. This began the transition phase; providers were able to submit authorizations in either DSM-IV or DSM-V. In response to provider feedback regarding readiness for this transition ValueOptions created a timeline to provide a smooth transition from DSM-IV to DSM-V.

### Timeline

- **January 2014:** DSM-V integration into the Connect systems.
- **January-June 2014:** Transition phase: Both *DSM-IV* and *DSM-V* screen layout exists; providers can begin entering *DSM-V* diagnosis codes.
- **June 28, 2014:** Connect systems enhancement will occur and the authorization screen will support only *DSM-V*. Any pending authorization requests not completed by 5:00 p.m. June 27<sup>th</sup> will be deleted. To ensure data is not lost, we encourage providers to complete and submit all draft authorization requests prior to Friday, June 27, 2014.
- **Effective 6:00 a.m., June 28th ProviderConnect will accept only authorization requests using DSM-5.**

*New DSM-V design details will be released closer to the roll-out date along with information on how to utilize new screen fields.*

ValueOptions has included a Frequently Asked Questions (FAQ) document where many answers to your DSM-5 questions can be found. Furthermore, we will continue to update providers on this initiative through upcoming provider alerts/notices and postings to the CT BHP website [www.ctbhp.com](http://www.ctbhp.com).

If you have any questions, please contact the CT BHP Provider Relations Department at 1-877-552-8247.

Provider Relations  
Connecticut Behavioral Health Partnership

Enclosed: FAQ & ProviderConnect Screen Shots

## DSM-V - Provider Frequently Asked Questions

*At its annual meeting in May 2013, the American Psychiatric Association (APA) released the new DSM-5. This is the first update in almost 20 years since DSM-IV was released.*

**Q: What is ValueOptions approach for adopting DSM-V?**

**A:** ValueOptions has already adopted the DSM-5 coding. As of June 28, 2014 the current system will not accommodate DSM-IV.

**Q: How will the migration to DSM-V affect the way providers do business with ValueOptions?**

**A:** ValueOptions will continue to collect the diagnostic information needed for authorization requests using the new DSM-V framework. VO will continue to review the transition process, making modifications and updates as needed. Effective June 28<sup>th</sup> Providers will need to transmit authorization request using DSM-V.

**Q: How do I use the codes listed in DSM-V and are they related to ICD-10?**

**A:** DSM-V utilizes ICD-9 and ICD-10 coding. Providers should continue to use ICD-9 coding for all claims submission until 10/1/15.

**Q: Since Axes I, II and III no longer exist in DSM-V, how will we record the conditions?**

**A:** ValueOptions will continue to gather information on the behavioral diagnosis as well as the medical conditions and any social elements impacting the diagnosis. Providers may also submit assessment scores from a variety of assessment tools.

**Q: When submitting an authorization in ProviderConnect®, will providers have new screens reflecting the DSM-V updates?**

**A:** Yes, the new screen in ProviderConnect will reflect DSM-V; webinars and face to face tutorials will be available to support this transition.

**Q: What happens if the member's diagnosis is not clearly defined in the DSM-V?**

**A:** When entering a diagnosis the provider can enter one word (example heroin) and a drop down box will appear with all related diagnoses and the provider will chose the closest criteria and descriptions.

**Q: Where can providers find additional information about DSM-5?**

**A:** Visit the following websites:

<http://www.psychiatry.org/dsm5>

<http://www.dsm5.org/Pages/Default.aspx>

<http://www.dsm5.org/about/Pages/faq.aspx>

## CT BHP Connect DSM-V Screen Shots

### Diagnosis

*Documentation of primary behavioral condition is required. Provisional working condition and diagnosis should be documented if necessary. Documentation of secondary co-occurring behavioral condition (if applicable) does NOT guarantee payment of benefits for these services. Coverage is subject to all limits and exclusions outlined in the member's plan and/or summary plan description including coverages.*

### Behavioral Diagnoses

#### Primary Behavioral Diagnosis

\* Diagnostic Category 1

SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS

\*Diagnosis Code 1

\*\_Description

#### Additional Behavioral Diagnoses

Diagnostic Category 2

SELECT...

Diagnosis Code 2

Description

Diagnostic Category 3

SELECT...

Diagnosis Code 3

Description

Diagnostic Category 4

SELECT...

Diagnosis Code 4

Description

Diagnostic Category 5

SELECT...

Diagnosis Code 5

Description

## CT BHP Connect DSM-V Screen Shots

### Primary Medical Diagnoses

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Primary medical diagnosis is required. Select primary medical diagnostic category from dropdown or select medical diagnosis code and description.

\*Diagnostic Category 1

[Diagnosis Code 1](#)

[Description](#)

Diagnostic Category 2

[Diagnosis Code 2](#)

[Description](#)

Diagnostic Category 3

[Diagnosis Code 3](#)

[Description](#)

Other specific medical conditions (0 of 250)

## CT BHP Connect DSM-V Screen Shots

### Social Elements Impacting Diagnosis

\* Check all that apply

None

Problems with access to health care services

Housing problems (Not Homelessness)

Problems related to the social environment

Educational problems

Problems related to interaction w/legal system/crime

Occupational problems

Homelessness

Financial problems

Problems with primary support group

Other psychosocial and environmental problems

Unknown

### Functional Assessment

*Please indicate the functional assessment tool utilized or select Other to write in other specific tool. Assessment score for specific tool should be noted in the Assessment Score field.*

Assessment Measure

SELECT... ▼

Assessment Score

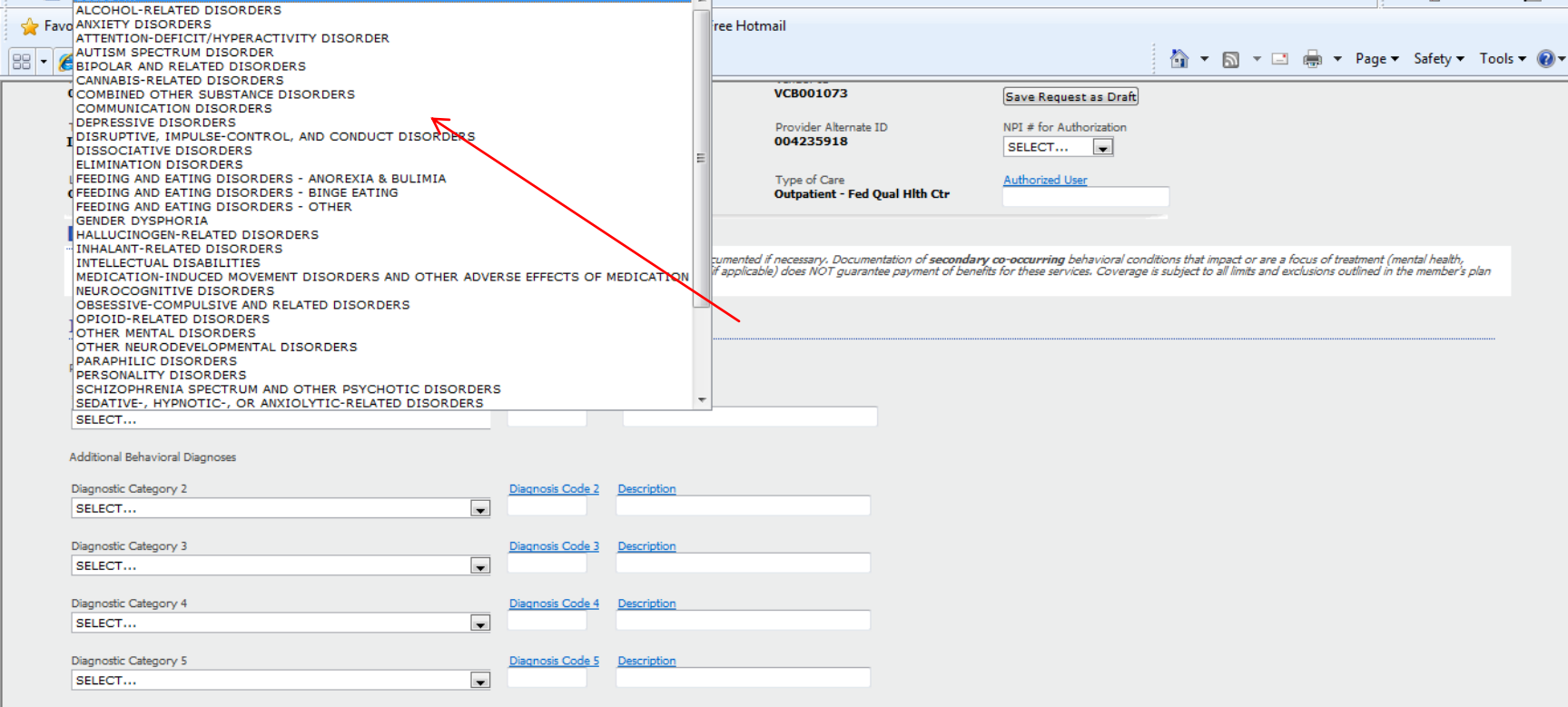
Secondary Assessment Measure

SELECT... ▼

Assessment Score

## CT BHP Connect DSM-V Screen Shots

When selecting the Behavioral Health Diagnosis Code click on the category link to select from the drop down



The screenshot displays the CT BHP Connect DSM-V interface. On the left, a list of behavioral health diagnosis categories is shown, including:

- ALCOHOL-RELATED DISORDERS
- ANXIETY DISORDERS
- ATTENTION-DEFICIT/HYPERACTIVITY DISORDER
- AUTISM SPECTRUM DISORDER
- BIPOLAR AND RELATED DISORDERS
- CANNABIS-RELATED DISORDERS
- COMBINED OTHER SUBSTANCE DISORDERS
- COMMUNICATION DISORDERS
- DEPRESSIVE DISORDERS
- DISRUPTIVE, IMPULSE-CONTROL, AND CONDUCT DISORDERS
- DISSOCIATIVE DISORDERS
- ELIMINATION DISORDERS
- FEEDING AND EATING DISORDERS - ANOREXIA & BULIMIA
- FEEDING AND EATING DISORDERS - BINGE EATING
- FEEDING AND EATING DISORDERS - OTHER
- GENDER DYSPHORIA
- HALLUCINOGEN-RELATED DISORDERS
- INHALANT-RELATED DISORDERS
- INTELLECTUAL DISABILITIES
- MEDICATION-INDUCED MOVEMENT DISORDERS AND OTHER ADVERSE EFFECTS OF MEDICATION
- NEUROCOGNITIVE DISORDERS
- OBSESSIVE-COMPULSIVE AND RELATED DISORDERS
- OPIOID-RELATED DISORDERS
- OTHER MENTAL DISORDERS
- OTHER NEURODEVELOPMENTAL DISORDERS
- PARAPHILIC DISORDERS
- PERSONALITY DISORDERS
- SCHIZOPHRENIA SPECTRUM AND OTHER PSYCHOTIC DISORDERS
- SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS
- SELECT...

A red arrow points from the text above to the "SELECT..." option at the bottom of the list.

Below the list, the "Additional Behavioral Diagnoses" section contains five rows, each with a "Diagnostic Category" dropdown menu and a "Description" field:

Diagnostic Category	Diagnosis Code	Description
SELECT...	Diagnosis Code 2	Description
SELECT...	Diagnosis Code 3	Description
SELECT...	Diagnosis Code 4	Description
SELECT...	Diagnosis Code 5	Description

The right side of the screenshot shows a form with the following fields:

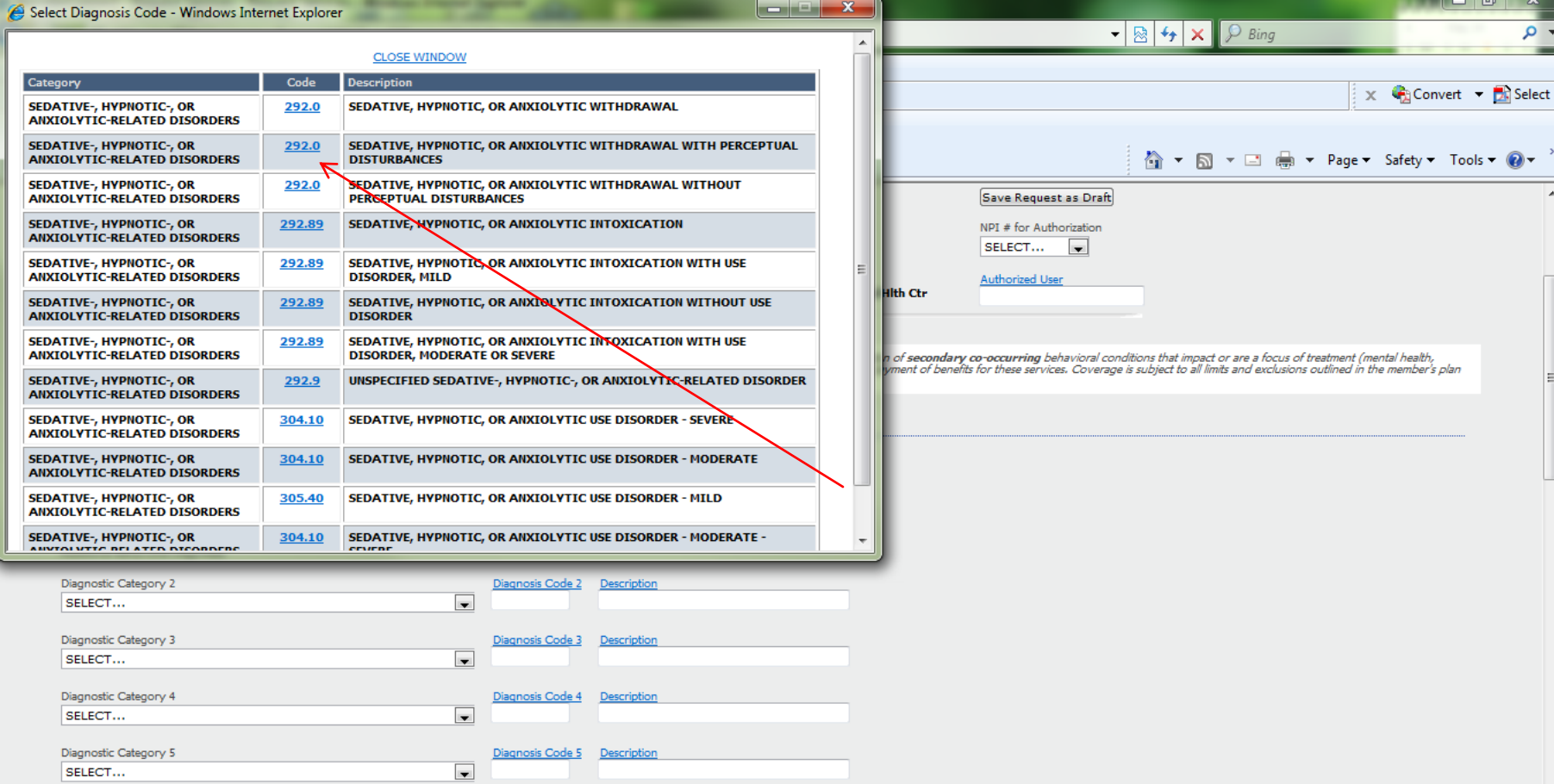
- VCB001073
- Provider Alternate ID: 004235918
- Type of Care: Outpatient - Fed Qual Hlth Ctr
- NPI # for Authorization: SELECT...
- Authorized User: [Empty field]

A "Save Request as Draft" button is located above the NPI # field. A disclaimer is visible below the form:

*Documented if necessary. Documentation of secondary co-occurring behavioral conditions that impact or are a focus of treatment (mental health, if applicable) does NOT guarantee payment of benefits for these services. Coverage is subject to all limits and exclusions outlined in the member's plan*

## CT BHP Connect DSM-V Screen Shots

When selecting the Diagnosis Description click on the diagnosis category first, then click on the Diagnosis Description link or the Code to select from the drop down



**Select Diagnosis Code - Windows Internet Explorer**

Category	Code	Description
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.0</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC WITHDRAWAL</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.0</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC WITHDRAWAL WITH PERCEPTUAL DISTURBANCES</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.0</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC WITHDRAWAL WITHOUT PERCEPTUAL DISTURBANCES</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.89</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC INTOXICATION</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.89</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC INTOXICATION WITH USE DISORDER, MILD</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.89</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC INTOXICATION WITHOUT USE DISORDER</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.89</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC INTOXICATION WITH USE DISORDER, MODERATE OR SEVERE</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">292.9</a>	<a href="#">UNSPECIFIED SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDER</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">304.10</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC USE DISORDER - SEVERE</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">304.10</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC USE DISORDER - MODERATE</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">305.40</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC USE DISORDER - MILD</a>
<a href="#">SEDATIVE-, HYPNOTIC-, OR ANXIOLYTIC-RELATED DISORDERS</a>	<a href="#">304.10</a>	<a href="#">SEDATIVE, HYPNOTIC, OR ANXIOLYTIC USE DISORDER - MODERATE - SEVERE</a>

Diagnostic Category 2:  [Diagnosis Code 2](#) [Description](#)

Diagnostic Category 3:  [Diagnosis Code 3](#) [Description](#)

Diagnostic Category 4:  [Diagnosis Code 4](#) [Description](#)

Diagnostic Category 5:  [Diagnosis Code 5](#) [Description](#)

Save Request as Draft

NPI # for Authorization:

Authorized User: