



## Changes to the Affordable Care Act and How They May Affect You

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As of October 1, 2013, the Affordable Care Act (ACA) mandates providers who order, prescribe, or refer clients for services and/or supplies to be enrolled in the CT Medical Assistance Program (CMAP) in order for the billing provider to receive payment for the medications, supplies, or services provided.

If a provider is not enrolled in CMAP and prescribes a medication for a CMAP member, claims from a CMAP enrolled pharmacy filling that prescription cannot be paid because the provider who wrote the prescription is not enrolled. Furthermore, the member may be unable to fill his/her prescription.

OPR enrollment is intended for individual practitioners (including hospital-based providers not affiliated with a hospital outpatient clinic) who wish to participate as ordering, prescribing, or referring providers and do not intend to bill or receive payment directly from CMAP. This enrollment type satisfies the ACA requirement which allows the practitioner to continue to refer CMAP clients to another provider for covered services and/or supplies or to prescribe medications.

An abbreviated on-line version of the enrollment application (20 minutes) has been developed and is available for providers who wish to participate as an ordering, prescribing, or referring provider only. Please review [Provider Alert 2013-03](#) on [www.CTBHP.com](http://www.CTBHP.com) for more information.

## CT BHP Partners with DMHAS for 3<sup>rd</sup> “Step into Wellness for Life!” Challenge

The Connecticut Behavioral Health Partnership (CT BHP) sponsored the third annual “Step Into Wellness for Life” challenge. This week-long competition challenged members of DMHAS-funded social clubs and others who receive DMHAS services to celebrate Wellness and Recovery by logging 300,000 steps the week of September 16-22, 2013. The 3<sup>rd</sup> Annual “Step into Wellness for Life!” Walking Challenge was designed to support behavioral health through healthy physical activity.

“People with mental illnesses die decades earlier than the general population,” said ValueOptions Medical Director Mark Fuller, MD. “What’s more, recent studies have found the increased morbidity and mortality are due to medical conditions caused by risk factors such as lack of exercise, smoking, obesity, substance use, as well as inadequate access to medical care, all of which can be addressed.”

The CT BHP distributed pedometers and promotional materials to volunteer members and will be hosting a final awards ceremony. Each team was encouraged to get members to walk, run, and organize group activities to log 300,000 “steps” during the contest period. The team with the highest total logged footsteps, along with the second- and third-place winners, will receive awards. Accommodations applied to participants who required mobility assistance (wheelchairs, walkers, canes, etc.) -- physical movement was the key criteria.

The Partnership’s focus on multi-dimensional wellness highlights the importance of recovery, whatever path it takes. By promoting mind and body wellness, the CT BHP hopes to reduce the disparity in mortality and morbidity between people with mental illness and the rest of the population.



## Achieve Solutions

Achieve Solutions is an award winning, online library of information about behavioral health care. This site offers behavioral health information in a convenient, confidential manner with interactive tools and other resources to help individuals and family members resolve personal concerns. The site features materials in both English and Spanish.

Achieve Solutions includes more than 3,000 feature articles across more than 200 topics and it partners with experts to develop articles, quizzes and trainings. Our partners include Harvard University, McLean Hospital, the University of Kansas School of Medicine, and Boston College Center for Work & Family. Content is reviewed and refreshed on a regular basis. A link to Achieve Solutions can be found on the CT BHP website: [www.ctbhp.com](http://www.ctbhp.com).

Providers have found the Achieve Solutions online library to be a valuable source of material to share with their members and families. Members can also access the web site themselves.

## ProviderConnect Webinar Training Series

Are you new to the Medicaid Network? Do you or someone at your office need training on how to obtain online authorizations? The CT BHP has developed a bi-weekly webinar training program to help you get all the answers you need. Each 90-minute webinar will teach you how to:

- Obtain a Login ID
- Navigate through the basic functions on the ProviderConnect homepage
- Complete an Outpatient Registration
- Save and Open Authorization Requests as Drafts
- Locate and Review Authorization Letters

**Click one of the links below to register for one of our webinar trainings.**

Oct. 17<sup>th</sup> 12:00 - 1:30pm <https://www2.gotomeeting.com/register/424124954>

Oct. 31<sup>st</sup> 3:00 - 4:30pm <https://www2.gotomeeting.com/register/479995330>

Nov. 14<sup>th</sup> 9:00 - 10:30am <https://www2.gotomeeting.com/register/924611818>

Dec. 12<sup>th</sup> 3:00 - 4:30pm <https://www2.gotomeeting.com/register/781652242>

## ValueOptions App Helps Members Find Providers On the Go

ValueOptions® is proud to introduce a new mobile app, VO Referrals, to help our members search for providers and facilities. VO Referrals is the latest in a series of innovations by ValueOptions® to serve our member community better. VO Referrals provides search capabilities for our members and is compatible with Apple products like the iPhone and iPad.

The VO Referrals mobile app makes finding healthcare providers and facilities quick and easy. With information updated daily, members are able to:

- Search for providers and facilities within the ValueOptions® networks.
- Find the closest provider or facility with GPS technology.
- Get detailed directions for a provider or facility from their current location or zip code.
- Save an organization/employer for future use.
- Filter search results like the number of providers to show or the desired travel distance.
- View detailed descriptions for providers and facilities.
- Initiate a call to a provider of facility.

Finding a provider has never been easier. Visit the App Store today to download VO Referrals for your iPhone or iPad.



## CT BHP and Fellowship Place Join Forces

In July 2013, the CT BHP partnered with Fellowship Place, a New Haven based non-profit organization. Fellowship Place provides housing, rehabilitation, and employment-related services to adults with chronic mental illness to help them lead more meaningful, fulfilling, and healthy lives.



Fellowship Place will be working to expand their employment related services. Currently, they provide a variety of resources to individuals with mental illness to help them obtain employment with businesses in the local community. Throughout their employment, Fellowship Place continues to offer services to help individuals meet the challenges associated with their careers. Through their work with the CT BHP, Fellowship Place aims to expand these services to reach additional individuals and create an Alumni Program for people who have been gainfully employed for a period of 12 months or longer.

We're excited to be working with Fellowship Place and share in the wonderful work they do. To learn more about Fellowship Place, visit their website at [www.FellowshipPlace.org](http://www.FellowshipPlace.org).

## The CT BHP Walks to Support NAMI and CCAR

Every journey begins with a single step. The CT BHP is proud to partner and support NAMI (National Alliance on Mental Illness) and CCAR (CT Community for Addiction Recovery) with their recent fundraising efforts.



Connecticut's NAMIWalks celebrated its 10th Anniversary at Bushnell Park in Hartford on May 18, 2013. The CT Behavioral Health Partnership ASO was proud to be a major sponsor of this year's walk and raised over \$7,324 in donations. ValueOptions CT has actively participated in the CT NAMI Walks since 2006 and had the largest walking team at this year's event.

On September, 27, 2013 CCAR held its 14th annual Recovery Walk in Bushnell Park. There were several esteemed guests in attendance including Governor Daniel P. Malloy, Hartford Mayor Pedro E. Segarra, and Patricia Rehmer, the Commissioner of DMHAS (Department of Mental Health and Addiction Services). ValueOptions CT had 24 walkers and raised a total of \$1390 to support CCAR's efforts.

## Find a Provider, On-line!

CT BHP's online provider directory, Referral-Connect, offers help in finding participating behavioral health providers in the CT BHP network. The directory can narrow your search to select providers with a specific expertise, service, or program. The directory is updated regularly to provide the most up to date information on the CT BHP provider network. The online directory can be accessed on the CT BHP website: [www.ctbhp.com](http://www.ctbhp.com) by clicking on 'Find A Provider' on the Provider or Member homepages. If providers or members are unable to find a provider that matches their needs or are looking for resources that cover specialized needs, they can contact the CT BHP directly by calling 1-877-552-8247 and speak with a Customer Service Representative.

***NOTE:** Providers can update their profile by contacting the Provider Relations Department at the number above or via the Provider Relations email: [ctbhp@valueoptions.com](mailto:ctbhp@valueoptions.com).*



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Rocky Hill, CT 06067

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### CT BEHAVIORAL PARTNERSHIP - PROVIDER NEWSLETTER



#### YOU'VE GOT MAIL!

The Provider Relations Department of The CT Behavioral Health Partnership maintains a CT BHP Provider email distribution list for rapid notification of policy changes, procedures, Provider Alerts, HP Provider Bulletins, news, upcoming trainings and events. If you or a member of your staff is currently not a part of this distribution list, please email us at [ctbhp@valueoptions.com](mailto:ctbhp@valueoptions.com).



Website: [www.ctbhp.com](http://www.ctbhp.com)

Phone: 1-877-552-8247 or 1-877-55 CTBHP

# Bulletin Rewind

The CT BHP wants to take this opportunity to keep providers informed of recent communications, which include: alerts, bulletins and policy changes. With such a varied and robust network of providers, it is always a challenge to ensure that each provider is made aware of any and all updates.

*Bulletin Rewind* is a continuing feature of Partnership in Print and highlights recent provider alerts and notices. You may view each document by clicking on the appropriate header. All other Alerts and Notices can also be found on the CT BHP website at [www.ctbhp.com](http://www.ctbhp.com).

#### Provider Bulletin 2013-46 (August)

To: Psychiatrists & Psychiatric APRN's  
Subj: Prior Authorization Requirement for Evaluation & Management Codes for Psychiatric Services

#### Provider Bulletin 2013-38 (July)

To: Physicians & APRN's  
Subj: Electroconvulsive Therapy Prior Authorization Changes

#### DCF Alert 2013-03 (July)

To: All DCF Residential Providers  
Subj: CT Medical Assistance Program Provider Enrollment Requirement

#### Provider Alert 2013-02 (June)

To: CT BHP Congregate Care Providers  
Subj: Bed Tracking –Refresher

#### Provider Notice 2013-04 (June)

To: CT BHP Providers  
Subj: CT BHP ProviderConnect Release & Reminder: Saved Drafts & Browser Back Button

A full listing of all CT BHP Bulletins and Provider Alerts can be located on the CT BHP website: [www.ctbhp.com](http://www.ctbhp.com)

